

**GOVERNMENT MEDICAL COLLEGE, SHAHDOL (M.P.)**  
**Foundation Course for 1<sup>st</sup> M.B.B.S. 2019 Batch**

Date	Day	9 to 10 AM	10 to 11 AM	11 to 12 AM	12 to 1 PM	1 to 2 PM	2 to 3 PM	3 to 4 PM	4 to 5 PM
01.8.19	Thur	Welcome address by Dean	Introduction to Foundation Course	Hostel Rules & Regulations	Self introduction by students	L U N C H	Introduction to rules of Attendance & Examinations	Address by HOD's of Phase-1 & Interaction with parents	
02.8.19	Fri	Alternate health systems in the country	Roles of IMG (Indian Medical Graduate) in society	Introduction to MBBS Curriculum	Introduction of anti-ragging committee		Hospital visit Group-1	College Campus /Hostel Visit Group-2	Sports & ECA
03.8.19	Sat	History of Modern Medicine	Why I want to become a doctor? Students experiences sharing	Physician's role in society			Hospital visit Group-2	College Campus /Hostel Visit Group-1	Sports & ECA
04.8.19	Sun	<b>HOLIDAY</b>							
05.8.19	Mon	Health Care delivery systems in India	Principles of primary care	Biosafety (group discussion & Hands on)		Departmental rounds and Introduction to Preclinical disciplines (Anatomy)	Sports & ECA		

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06.8.19	Tue	National Health priorities and Policies	Introduction to Medical ethics, attitudes and professionalism	Role play to demonstrate Ethics in medical Profession	L U N C H	Departmental rounds and Introduction to Preclinical disciplines (Physiology)		Sports & ECA
07.8.19	Wed	Concept of professionalism , with GD	Patient safety and biohazard safety video	Universal precautions and Vaccinations		Departmental rounds and Introduction to Preclinical disciplines (Biochemistry)		Sports & ECA
08.8.19	Thur	Bio-medical waste Management	Observing Skills in central Lab & blood bank (Gr-1)	Hand hygiene Workshop(Gr-2)		Personality Development for Health care Professionals <b>Dr. Izhar</b>		Sports & ECA
09.8.19	Fri	Doctor as health care team member/ leader	Observing skills in central lab, & blood bank (Gr-2)	Hand hygiene Workshop (Gr-1)		Stress and Time management		Computer Skills
10.8.19	Sat	Medicine & Law, unethical Practices	Medical negligence and Medicolegal case discussion			Language Skills - English Language		Computer Skills
11.8.19	Sun	<b>HOLIDAY</b>						
12.8.19	Mon	<b>HOLIDAY</b>						
13.8.19	Tue	Consequences of unethical and unprofessional behavior (Experience Sharing & Reflections)		Sensitization to Self directed Learning		Language Skills - English Language	Computer Skills	Sports & ECA

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14.8.19	Wed	Concept of ethics	Value of integrity honesty (Experience Sharing & Reflections)			Language Skills - English Language	Computer Skills	Sports & ECA
15.8.19	Thur	<b>HOLIDAY</b>						
16.8.19	Fri	Needle injuries/Scalpel injuries Lab precautions, safety and glassware handling	Importance of Hobbies and extracurricular activities	Gender sensitization and sexual harassment	L U N C H	Language Skills	Computer Skills	Sports & ECA
17.8.19	Sat	Hippocratic Oath	Confidentiality in Doctor Patient Relationship	Doctor Patient relationship/ Role of consent in Medical Profession		Language Skills - English Language	Computer Skills	
18.8.19	Sun	<b>HOLIDAY</b>						
19.8.19	Mon	Communication Skills	Breaking Bad News to relatives (Role play)		L U N C H	How to interact with peers, seniors, faculty and patients (Role play)		Sports & ECA
20.8.19	Tue	Field Visit-PHC				Language Skills - English Language	Computer Skills	Computer Skills
21.8.19	Wed	Group dynamics and team work	Emergency, MLC. Ambulance and First aid sensitization			Language Skills - English Language	Computer Skills	Sports & ECA
22.8.19	Thur	Introduction to Research	Writing a research project (workshop)			Language Skills - English	Computer Skills	Sports & ECA

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					Language		
23.8.19	Fri	<b>HOLIDAY</b>					

Date	Day	9 to 10 AM	10 to 11 AM	11 to 1 PM	1 to 2 PM	2 to 3PM	3 to 4 PM	4 to 5 PM	
24.8.19	Sat	Introduction to BLS		Vaccination for Medical Professionals		Computer Skills		Language Skills - English Language	
25.8.19	Sun	<b>HOLIDAY</b>							
26.8.19	Mon	Hands on training on BLS (group-1)		Field Visit-CHC- (group-2)	<b>L U N C H</b>	Language Skills - English Language	Computer Skills	Sports & ECA	
27.8.19	Tue	Hands on training on BLS (group-2)		Field Visit-CHC -(group-1)		Disaster management	Sports & ECA		
28.8.19	Wed	Yoga – Meditation for healthy lifestyle		Language Skills - English Language		Introduction to AETCOM		Sports & ECA	
29.8.19	Thur	Yoga – Meditation for healthy lifestyle		Career pathways & personal growth after MBBS		Talent display by Students		Language Skills - English Language	
30.8.19	Fri	Reflection as a learning tool with Hands on Practice		Use of online resources for learning		Interpersonal Relations- Experience Sharing		Computer Skills	
31.8.19	Sat	Addressing queries of students Reflection and feedback on Foundation course				White Coat Ceremony Valedictory function Vote of thanks			

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Yellow	Orientation
Green	Skill Module
Purple	Field Visit to CHC
Red	Professional Development including Ethics
Light Green	Sports & ECA
Blue	Enhancement of language/Computer skills